



Text: 423-205-7016

Welcome to TextCare!

Effective April 1, 2024



Discuss primary and urgent care needs, chronic condition management, and routine medication needs.

Get support finding high-quality, high-value specialists.

Accessible via text message and video chat. Simply send us a text message to initiate care. It's that easy!



**Scan to save
the contact info**

If you need access to medical care, TextCare provides access to One to One Health board-certified providers via text message - 24/7

- ✓ **Receive direct access to on-demand high-quality care.**
- ✓ **Appointments are not required. Simply send a text to initiate care.**
- ✓ **TextCare is available at no cost to all Miller Industries medical plan participants and their households.**



Virtual Care with TextCare

With virtual visits, you can be treated for various general healthcare concerns from the comfort of your home or office. If you are enrolled in the medical plan, you will have access to board-certified doctors.

- Discuss primary and urgent care needs, chronic condition management, and routine medication needs.
- Get support finding and scheduling a specialist visit.
- Accessible via text message and video chat.
- Receive direct access to on-demand, high-quality care.
- Appointments are not required. Simply send a text to initiate care. **423-205-7016**

Use TextCare for things like:

- Allergies, cold, fever and flu
- Urinary tract infections
- Sinus or respiratory issues
- Skin conditions (rashes or insect bites)
- Constipation or diarrhea
- Earaches
- Nausea and vomiting
- Pink Eye

How do I use TextCare?

It's easy to get started. Just send a text when you need to initiate care. Send a text message to **423-205-7016**.

What does TextCare cost?

TextCare is available at *no cost* to Miller Industries medical plan participants and their households.

When can I use TextCare?

Providers can assist with primary and urgent care needs, mental health questions, chronic condition management, and routine medication needs. Rather than having to visit the ER because your doctor's office is closed, or having to take a sick child to the doctor's office when you only need a prescription, you can send a text and get a response from One to One Health's board certified providers within 5 minutes.

Will my employer have access to my health information?

No! All patient information is strictly confidential.



Frequently Asked Questions

Effective April 1, 2024

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1 How do I contact TextCare?

Send a text message to **423-205-7016**. Your care team will respond within 5 minutes. Appointments are not required, and there is no app to download.

2 What can I use TextCare for?

Your care team can help with any health or medical question and should be your first point of contact for any issue. Even if your issue cannot be resolved virtually, the care team provides expert care navigation and will refer you to specialty providers.

3 Will my TextCare team be able to understand my question or issue via text?

Yes! You can chat, upload pictures, or one-click into a video visit with your provider.

4 What if I need additional care outside of TextCare?

Your TextCare provider will refer you to high quality, low-cost providers and specialists.

5 What if I need medication to treat my diagnosis?

Your TextCare provider can prescribe medication, and the prescription will be sent to a local pharmacy.

6 What if my initial visit requires a follow-up?

Your care team will reach out via text message to schedule a follow-up appointment.

7 Should I go to an Urgent Care or the ER?

Many urgent care and emergency room visits end up being unnecessary. TextCare is available to you 24/7 and can help triage the situation to avoid a lengthy trip to the ER. However, we encourage you to call 911 or go to the ER if you are experiencing a medical emergency.

8 Who is eligible for this service? Can my family use TextCare?

Yes! TextCare is available to all Miller Industries medical plan participants and their households. If you, your spouse, or your dependent has a medical need, please contact TextCare.

9 Will my employer have access to my health information?

No! All patient information is strictly confidential. TextCare is managed by One to One Health, a workplace healthcare provider headquartered in Chattanooga, Tennessee. One to One Health complies with all HIPAA and healthcare regulations to maintain your privacy, ensuring your health information is kept confidential.



SCAN ME



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